

Kirby and her husband John live in Olathe. Their daughter Ginny and Ben live in Colorado and are the parents of John and Craig. Their daughter Katie lives and works in Kansas City.

Spiritual Pauses

We are blessed this year to have an additional opportunity for growth and reflection. Teresa Spear, a local pastor, is going to be bringing us "Spiritual Pauses" during our retreat.

"Living mindfully is the art of living awake and ready to embrace the gift of the present moment." ~Marcrina Wiederkehr

Part of living awake to the moments of our life is allowing our bodies and spirits time to be present with the Holy. At different times throughout the retreat, we will have a time for "sacred pauses" - times to reflect on what we have heard, seen, and experienced during our time together. Our pauses will include reflections, song, art, and prayer as we practice the art of living the gift of the present moment.

Teresa Spear is a life-long Disciple, serving throughout the years in various lay ministry positions. She has been a Commissioned Minister since 2017, and currently serves as Minister of Visitation and leader of the Green Chalice program at South Street Christian Church in Springfield, Missouri. Teresa has worked in the banking industry since 1995 and holds a Bachelor's degree in Accounting and a Masters in Writing. She currently lives and works in Kansas City.

Teresa enjoys gardening, reading and genealogy. She is mother to two grown sons, Adam and Andrew.

We are excited to share both of these special women with you during this special weekend.